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| --- | --- | --- | --- | --- | --- | --- | --- |
| Gareth’s Group | **1** | B  R  E  A  K | **2** | **3** | L  U  N  C  H | **4** | **5** |
| **Monday** | Gareth | Jason | Gareth | Creative Skills | |
| **Tuesday** | Tutorial | Jason | Gareth | Jason | DBT |
| **Wednesday** | Jason– Fitness  /Charlotte | Charlotte | Kate | Sam | Group Work Wednesday |
| **Thursday** | Charlotte | Kate | Charlotte | Jason | Gareth |
| **Friday** | Jason | Charlotte | Gareth or Jason | Gareth | Well-being Group |